



# ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

Father Pawel Jamroz, Pastor email: [pastor@stmichaelw.ca](mailto:pastor@stmichaelw.ca)

## SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

## WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

## SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

## PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

## PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

## OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students ([jp2waterloo.ca](http://jp2waterloo.ca)).

## SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

## PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

## HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

## ST. VINCENT DE PAUL SOCIETY

Monthly collections support the following projects: North of 60 food assistance to Nunavut, Christmas Gift Cards in Waterloo, Hygiene Kits for Ukrainians, and Marillac Place after-care programs. Thank you for your continued support. For food assistance in Waterloo Region call 519-743-5576 ext 340.

## BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

## PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

**FROM THE PASTOR'S DESK**

***Weekly Gospel Reflection*** (Mt 5:1-12)



Today's Gospel, the Beatitudes, is one of the most famous passages found in the Bible. Our Catechism calls the Beatitudes, *the heart of Jesus preaching*. The Lord instructs us on the nature of true happiness – something that we are made for, in the depths of our being.

The Beatitudes reveal the purpose for our lives. In God and doing His will, in seeking the good of others, we find a source of happiness which nobody and nothing can ever take away from us.

Fr. Jamroz

**MASS INTENTIONS**

**Tuesday, February 3, 2026**

7:00 pm + Joseph Hussey – Evelyn Hussey

**7:30pm-8:30pm** Holy Hour with  
Adoration & Benediction

**Wednesday, February 4, 2026**

12:15 pm + Brian Krulicki – Jim & Marlene Durrer  
+ Jack Pires – Doug & Gai Brown & Family  
+ Norma & Lawrence Chin-Cheong  
– Peter & Sharon Chin-Cheong

**Thursday, February 5, 2026**

12:15 pm + Jack Pires – Peter & Shari Guinta  
+ Special Intentions of Liberina Colaneri  
– Shari Guinta

**Friday, February 6, 2026**

8:00 am + Peter Brown – Peter & Shari Guinta  
**8:30am - 9am** Adoration of the Blessed Sacrament

**Saturday, February 7, 2026**

5:00 pm + Hermina Hollo – The Family  
+ Brian Krulicki – Doug & Gai Brown  
and Family  
+ Jerry Brienza – Anthony & Magnell Robinson

**WELCOME TO ST. MICHAEL PARISH**

For details on our parish life, please see our website:  
[www.stmichaelw.ca](http://www.stmichaelw.ca)

**Parish Office Hours**

The parish office is open Monday to Friday from 9:00 am to 4:30 pm.

**Sunday Homilies Online**

Sunday homilies are available weekly online in audio and pdf version through our parish website – just click on the button 'SUNDAY HOMILY'.

**The Church is Open for Prayer**

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

**Prayer Intentions**

Prayer intentions are placed at the front of the Altar and are remembered privately at Mass during the Prayers of the Faithful. You can also have your request shared with our prayer group ministry. Please go to our website [www.stmichaelw.ca](http://www.stmichaelw.ca) and click on Request a Prayer or contact the parish office by phone or email.

**Parish Email List**

All registered parishioners are welcome to join a parish email list. If you are on this list, you will be notified of upcoming parish events including funerals. To join the list, sign up at <https://www.stmichaelw.ca/contact-us>



## FEAST OF THE PRESENTATION

**Monday, February 2<sup>nd</sup>**

This feast day celebrates the Presentation of Jesus in the Temple. *‘Together with Simeon and Anna, we contemplate the Divine child, the Word made flesh, who is brought to the Temple: the Temple of our heart.’* The Church celebrates the feast of the Presentation of the Lord on **February 2<sup>nd</sup>**, also called **Candlemas** for the custom of using lighted candles. With Candlemas, we celebrate the coming of the Light of the World.

**February 2<sup>nd</sup>** is also the **World Day for Consecrated Life**. St. John Paul II: The purpose of the day is *“to help the entire Church to esteem ever more greatly the witness of those persons who have chosen to follow Christ by means of the practice of the evangelical counsels”* (poverty, chastity, and obedience).

### What are the Evangelical Counsels?

All Christians are invited to practice the ‘Evangelical Counsels’ of **POVERTY, CHASTITY AND OBEDIENCE**. They are called the ‘evangelical’ counsels because we find them lived and therefore recommended (counselled) by Jesus in the Gospel (*evangelium* in Latin).

Catechism: *Christ proposes the evangelical counsels, in their great variety, to every disciple. The perfection of charity, to which all the faithful are called, entails for those who freely follow the call to consecrated life the obligation of practicing chastity in celibacy for the sake of the Kingdom, poverty and obedience. It is the profession of these counsels ... that characterizes the life consecrated to God (CCC 915).*

## Memorial of St. Blaise and Blessing of Throats

**Tuesday, February 3<sup>rd</sup>; Mass at 7pm**

Tuesday, February 3<sup>rd</sup>, we celebrate the Feast of St. Blaise, Bishop and Martyr. We will have the **Blessing of Throats at the end of Mass** followed by Adoration of the Blessed Sacrament.



## ST. JOHN'S BIBLE PRESENTATION

**Wednesday, February 4<sup>th</sup>**

We will be hosting in our parish hall the diocese's heritage edition of St. John's Bible, on **Wednesday February 4<sup>th</sup>, at 7:30pm**. The manuscript of the St. John's Bible is a handwritten, hand illuminated Bible. A work of art 15 years in the making. We will have the opportunity to see and pray with the St. John's Bible and learn more of its history and engage with the Word of God in *Lectio Divina*. **JOIN US FOR THIS SPECIAL EVENT!**

### RCIA Sponsors Needed

Please consider being a sponsor to one of this year's RCIA candidates. In particular, one sponsor of Chinese background and one female teacher are needed. Contact the office if you can help out in either of these circumstances or are interested in other sponsorship opportunities of RCIA candidates. A small commitment of your time is needed to meet with the candidate and be present with them at the Easter Vigil Mass on Saturday, April 4<sup>th</sup>, 2026. Please call 519-884-9311 or email [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca) for more information.

### “THE ONES” Social Group

If you are an adult who normally eats along or are someone who would like to meet fellow parishioners in a social setting, please join us on the first Friday of each month at the Waterloo Knights of Columbus Conference Centre for a Fish and Chips dinner. The address is 145 Dearborn Place, Waterloo. For more information or to reserve your place, please contact Eleanor Horrigan at 519-885-3674 or [horriganeleanor@gmail.com](mailto:horriganeleanor@gmail.com)

### YOUTH MINISTRY

We welcome all youth in grades 5 through 12 to our Youth Ministry. Meetings are held every **Monday, from 7:00-8:30pm**. For more information or to register visit <https://www.stmichaelw.ca/youth-ministry> or call the parish office 519-884-9311.

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